

EPISODE **120**

Focus on What Matters Most (psst: that's your relationships with your kids)

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In This Episode

Sarah shares three simple tips to make 2019 all about connecting with your kids. Plus, she announces the opening of RAR Premium Membership for one week, and talks about the great resources available including whole family book clubs, workshops and more.

The Listening Guide

Use this guide to skip to parts that most interest you, or listen to the entire podcast.

- 2:20 Kids before books
- 4:02 Use small pockets
- 6:45 Don't limit yourself
- 7:39 Share an experience
- 10:49 All about connection
- 12:10 Snowflake Bentley
- 13:04 Narnia!
- 14:14 Celebrate St. Patrick's Day
- 15:19 All about service dogs
- 17:02 Online workshops and more
- 18:48 Don't forget: 3 simple things
- 19:58 Let the Kids Speak

"I promise you this—you will not regret a single minute you spend nurturing your relationships with your kids no matter how old they are, whether they're babies or toddlers, grade schoolers or teens, every single minute you spend nurturing your relationships with your kids is time well spent." - Sarah Mackenzie

Quotes and Questions

* **What matters ...**

"The people matter more than the stories ... We want them to leave read-aloud time feeling seen and valued and loved. Whether we finish the story or not doesn't matter nearly as much as connection with our kids during read-aloud time."

* **It only takes 10 minutes.**

"If you commit today to read with your kids, even if you only have ten minutes for it, you will read so much more in the coming year."

* **How to share an experience ...**

"Transform something you're already doing instead of adding on to your to-do list ... those are memories your kids will share."

Show Notes

Books from today's episode:

- [Strega Nona](#)
- [A Single Shard](#)
- [Bee Bim Bop!](#)
- [Locomotive](#)
- [Snowflake Bentley](#)
- [The Chronicles of Narnia](#)
- [The World According to Narnia](#)
- [Fin McCoul](#)
- [Jamie O'Rourke and the Big Potato](#)
- [Jamie O'Rourke and the Pooka](#)
- [Patrick, Patron Saint of Ireland](#)
- [If You Give a Mouse a Cookie](#)
- [Raising a Hero](#)
- [Chester and Gus](#)

Other links from today's show:

- [RARmembership.com](#) - learn more about membership, open NOW!
- [RAR #119: Delighting in Your Own Reading Life, Anne Bogel](#)

To find more resources to help you build your family culture around books, visit ReadAloudRevival.com.